



AS/A2 Physical Education (Level 3)

WHY TAKE THIS COURSE?

This course is 50% Theory and 50% Practical based. If you enjoy sport, but are not sure of your career intentions, then look no further than this dynamic and stimulating course that will go well with any combination of subjects. An AS/A2 in PE will help you gain entry to either the world of work or Higher Education.

WHAT WILL I STUDY?

In the AS practical unit you can select to be assessed in two of three roles – performance, coaching or officiating. You are also required to produce a written piece of coursework. The theory component which is externally assessed is made up of the following topics; healthy lifestyles, nutrition, skill acquisition, sports psychology, energy systems and training methods.

In A2 the practical element requires you to be assessed in one role - performance, coaching or officiating. You will also complete a 3000 word research project. The theory component is externally assessed and is made up of the following topics; biomechanics, health, applied psychology, sport organisation, equal opportunities, socio-cultural issues, commercialisation and technology in sport.

HOW WILL I BE ASSESSED?

You will be assessed via module examinations in May or June. External examinations are made up of short structured questions and longer questions requiring a more in depth response. The practical element is internally assessed and externally moderated normally on a day visit by the examiner or through video evidence generated throughout the year.

WHAT SKILLS AND SPECIAL QUALIFICATIONS DO I NEED?

A high standard of practical ability as a performer, coach or official is expected, particularly as the practical component makes up 50% of the AS level. We want you to learn through direct experience and expect you to actively participate in all lessons. Students are encouraged to make full use of the Virtual Learning Environment (Moodle) which provides you with 24/7 access to support materials. There are no special qualifications needed to join this course. However, progression to A2 requires a minimum grade E in the PE2 theory module as there is more theory content at A2.

WHAT CAN I DO NEXT?

Many students choose to continue their studies in Higher Education. Previous students have gained places on Degree courses in Sport Science, Physical Education (QTS), Sports Therapy, Sports Nutrition and other sports related degrees. Other students choose to enter into full time employment in the sports industry.

PRIESTLEY EXTRA

Throughout the course you will have the opportunity to undertake a variety of sports coaching qualifications, sports leader's awards, residential experiences and a range of practical activities.